

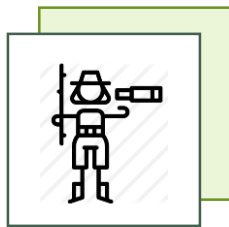
## Isabelle Tschugmall

I was looking for another adventure after my trip to China, but I didn't know exactly what yet. Funnily enough, I had a get-together with old fellow students from China in Berlin. My return flight to Zurich was delayed and so I bought a book called "Frühstück mit Elefanten". This purchase was probably more pathbreaking than I thought. I literally "devoured" the book and after two days it was clear to me that I would go on this adventure Safari Guide.

That was almost two years ago now and in the meantime I have taken all the courses, given up my job and my apartment. I sold my stuff and put the rest in about 8 boxes at my parents'.



# ISA IN THE MIDDLE



### Safari Guide

I am a safari guide in the indescribably beautiful landscape of the Okavango Delta in Botswana, Africa.

I guide the German speaking tours at Letaka Safaris.

With great enthusiasm I show the clients the magic of the African wilderness. I try to touch and integrate all senses and to be present in the African bush with open eyes.



### Blogger

Writing lyrics and playing with words is one of my passions ([www.yishainthemiddle.com](http://www.yishainthemiddle.com)).

My adventures, insights and experiences as a safari guide are written down in my blog.

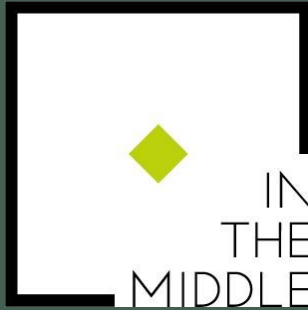
My motivation: In nature I find myself again and again and discover sides of myself that motivate me to meet myself outside my comfort zone.



### Live Presentations

My presentations are a kind of a safari of life - a voyage of discovery of simplicity and back to nature. A "guided experience" from the bush in the middle of Switzerland. More details on the following page.

Of course the stories are with funny anecdotes, adventure and humor.



## Safari Guide

# LIVE PRESENTATIONS

## Presentation Topics

The following themes can be covered by me as a female safari guide through stories, experiences and experiences:

- Gender roles - also a hot topic in the bush
- Mindful Safari / Guided Experience - what does that mean? Integration into everyday life
- Fears & comfort zones - where we meet ourselves
- Vulnerability - how animals transform weaknesses into strengths (survival strategies)
- Perspective - everything is just a question of perspective
- Simplicity - more in the simplicity of nature
- Conservation through education
- Responsibility - to whom?
- Honesty - fake it till you make it
- Concept of Wholehearted & Ubuntu

## Contact



[www.yishainthemiddle.com](http://www.yishainthemiddle.com)



[isa@inthemiddle.company](mailto:isa@inthemiddle.company)



+41 79 387 27 76



@isainthemiddle